



Route Planner



From Cork Institute of Technology, Rossa Avenue, Co. Cork, Ireland, **to** Sligo, Ireland,
Distance: 367.7 Show Distances in Miles | **Time:** 4 hr 11 min

Directions	Distance
1. Start: Head east	0
2. At the roundabout, take the 3rd exit onto Rossa Ave	0.18
3. Continue onto Melbourn Rd	0.78
4. Turn left onto Curraheen Rd	1.18
5. Turn right onto Hawke's Rd	1.39
6. Turn right onto Waterfall Road	1.57
7. Slight left onto Bandon Road	1.69
8. At Bandon Rd Roundabout , take the 1st exit	1.92
9. At Sarsfield Rd Roundabout , take the 3rd exit onto the N40 ramp	3.1
10. Merge onto N40	3.57
11. At the roundabout, take the 2nd exit onto M8 heading to Dublin/Fermoy Partial toll road	13.46
12. Merge onto M7 Toll road	156.63
13. At junction 18 , take the R445 exit to Tulach Mhór/Tullamore/Mountrath Toll road	171.19
14. At the roundabout, take the 1st exit onto R445	171.66
15. At the roundabout, take the 2nd exit onto Mountrath Rd/R445	174.03
16. At the roundabout, take the 1st exit	174.43
17. At the roundabout, take the 2nd exit Go through 2 roundabouts	174.93
18. At the roundabout, take the 1st exit	176.53

19.	At the roundabout, take the 1st exit onto N80	176.74
20.	Turn left onto Market St/N80 Continue to follow N80	184.55
21.	At the roundabout, take the 3rd exit onto N52	204.79
22.	At the roundabout, take the 2nd exit and stay on N52	206.66
23.	At the roundabout, take the 2nd exit and stay on N52	207.9
24.	At Ardan Roundabout , take the 2nd exit and stay on N52	209.6
25.	At the roundabout, take the 2nd exit onto the M6 ramp to Galway/Athlone	218.32
26.	Merge onto M6	218.86
27.	Keep right to continue on N6	246.08
28.	At junction 12 , take the N61 exit to Sligo/Roscommon	252.83
29.	Turn left onto N61	253.49
30.	At the roundabout, take the 2nd exit and stay on N61	253.72
31.	At the roundabout, take the 3rd exit onto N61/N63 Go through 1 roundabout	282.56
32.	At the roundabout, take the 2nd exit onto N61	283.26
33.	At the roundabout, take the 3rd exit onto Boyle Rd/N61 Continue to follow N61	283.98
34.	Turn right onto Main St/N61 Continue to follow N61	325.67
35.	At the roundabout, take the 1st exit and stay on N61	326.09
36.	Turn left onto N4	328.18
37.	At the roundabout, take the 2nd exit and stay on N4	354.97
38.	At the roundabout, take the 2nd exit and stay on N4	355.6
39.	At the roundabout, take the 1st exit and stay on N4	365.54
40.	Turn right onto N16	367.05
41.	At the roundabout, take the 4th exit and stay on N16	367.28
42.	Turn left onto N4	367.54

About your route

This recommended route is designed as a guide to help you get to your destination safely and easily. If you find an error or omission, please let us know (routeplannerquery@aaireland.ie) so we can correct it for future users.

Always use your mobile phone safely – park legally before dialling or checking text messages. You must not use this route in a way that interferes with your control of your vehicle, or otherwise endangers your safety or the safety of others.

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